



# What Inclusion Is and Isn't

---

*The Leading Change Conference*

*November 18.2025*



# Introductions

---

▪



**Kelly Mitchell**

**Founder and Principal Consultant  
Inclusive Design Group (IDG)**  
[kelly@inclusivedesigngroup.org](mailto:kelly@inclusivedesigngroup.org)

*"Closing equity gaps across sectors by supporting and building bridges between community-based organizations, institutions and system leaders."*



**LWYL STUDIO**



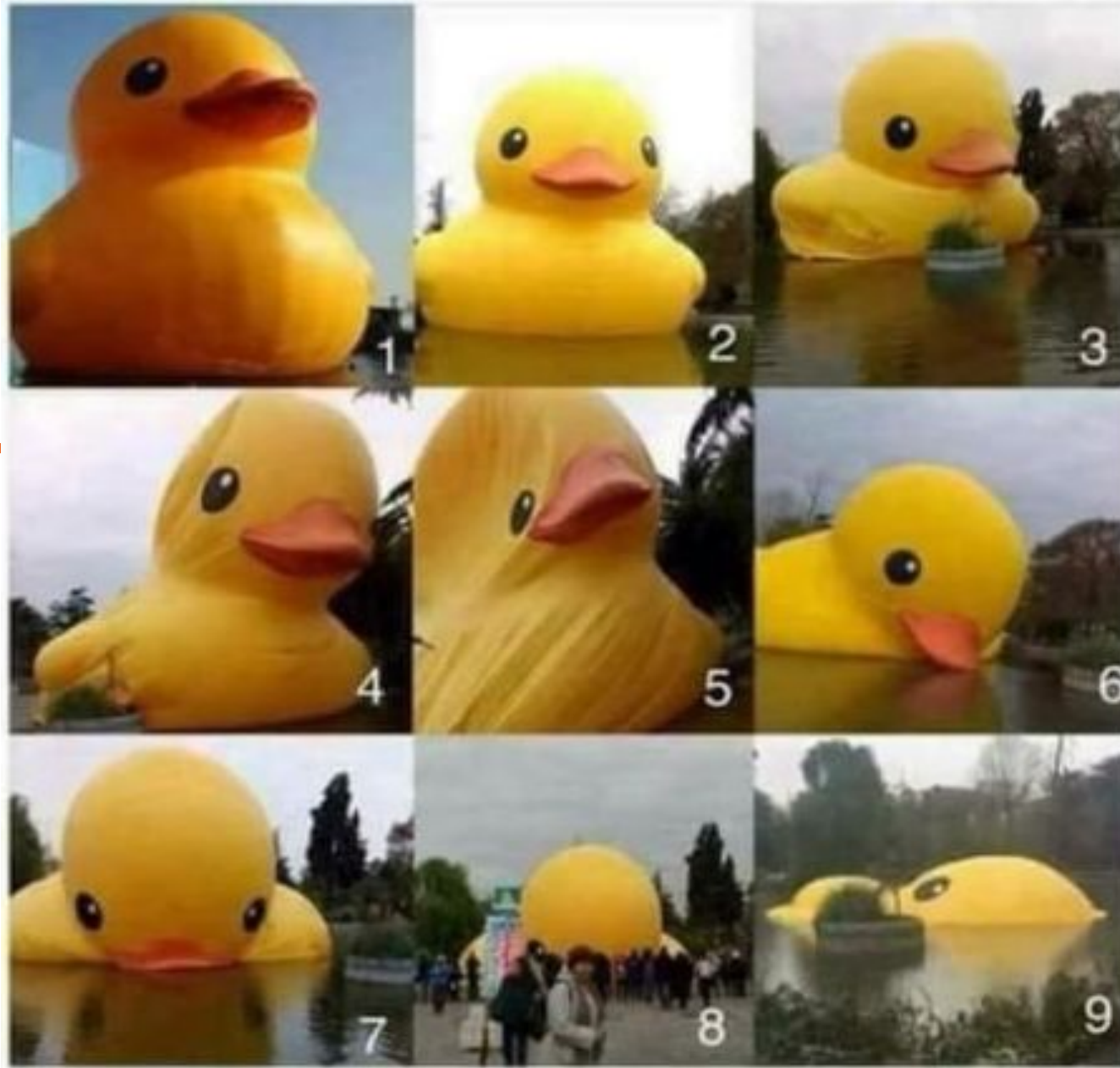
**Kelly Page, PhD.**

**Founder and CEO  
Live What You Love (LWYL) Studio**  
[kelly@livewhatyoulove.org](mailto:kelly@livewhatyoulove.org)

*"People-first social design studio committed to building inclusive, useful, and consent-driven innovations for how we learn, work, and live."*

How are you?

---



# Workshop Objectives

---

By the end of this session, you will be able to:

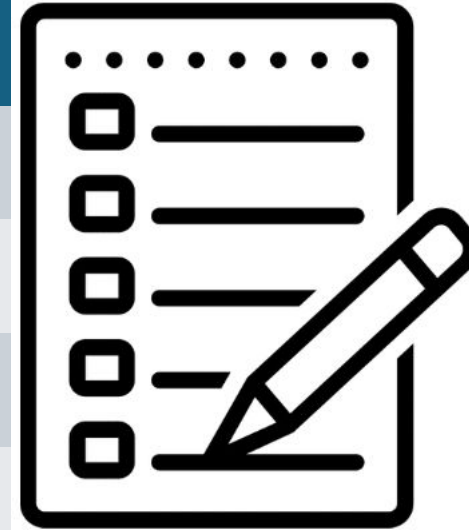
- ❖ **Differentiate** between authentic inclusion and common “inclusion pitfalls” such as tokenism, performative actions, or checklist approaches.
- ❖ **Understand** how power, privilege, and identity dynamics shape workplace inclusion.
- ❖ **Apply** data methods (employee surveys, focus groups, storytelling) to uncover root causes of inequity.
- ❖ **Identify** strategies for fostering genuine employee engagement that moves beyond compliance to meaningful culture change.
- ❖ **Develop** action steps for embedding inclusive practices into their teams and organizations.



LWYL STUDIO

## ❖ Welcome, introductions, and Agreements

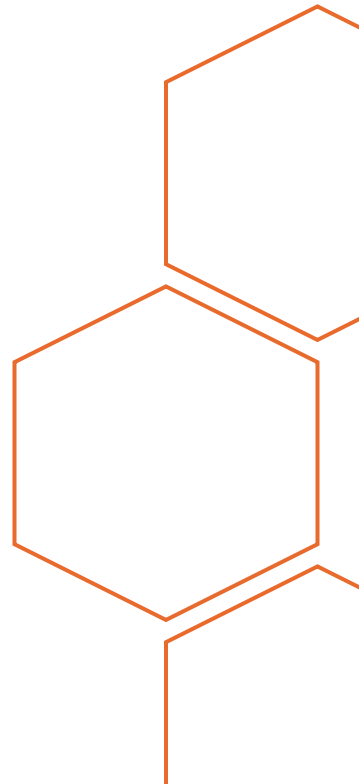
- ❖ Defining Inclusion and Its Importance
- ❖ Mapping Our Identities
- ❖ Data Driven Root Cause of Inequity
- ❖ The Role and Influence of Power
- ❖ Creating Inclusive Environments
- ❖ Our Commitments
- ❖ Thank You!



**Provocation**

**Activities**

**Commitments**



# Today's Agreements

---



**Stay  
Engaged**



**Speak your  
truth**



**Experience  
Discomfort**

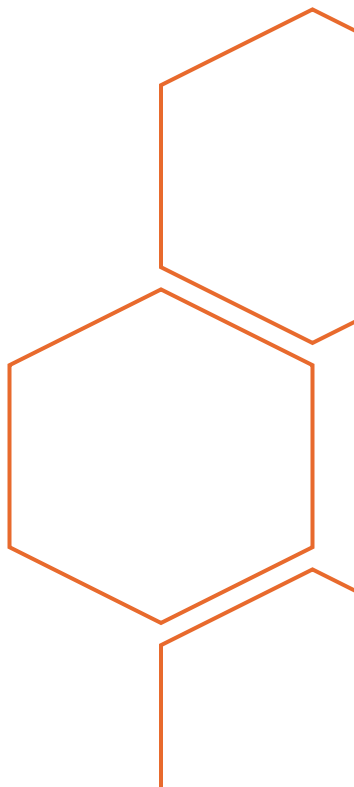


**Expect and  
Accept  
Non-  
Closure**



**Stay  
Curious**





# Defining Inclusion and Its Importance

---





Inclusion - What it means to us!

***What comes to mind when you hear the term inclusion?***



→ Start voting



## Inclusion Is...

A *culture of belonging* ... where all voices are valued and people can show up authentically.

An *ongoing practice* ... of examining systems, policies, and behaviors to ensure equity.

Rooted in *shared power and accountability* ... across all levels of the organization.

About *actively addressing bias, privilege, and inequity* ... in decision-making and practices.

Creating *psychological safety* ... so people can express dissenting or minority views.

*Listening to and acting on feedback* ... from marginalized voices.

Measured through *trust, engagement, and impact*, ... not just participation numbers.

A commitment to *learning, reflection, and discomfort* ... as part of growth.

*Co-creating solutions* with employees, ... not imposing top-down fixes.

Is *present and visible on the balance sheet* ... we financially value it.

**It is about listening and learning together.**

**It is a mindset and ongoing practice.**

**It is a commitment to growth and to change.**

## Inclusion Is Not...

Simply *having diversity* in the room without ensuring people feel safe or heard.

A *one-time initiative* or checkbox activity (e.g., hosting a single DEI event).

*Delegating responsibility* for inclusion to HR or affinity groups alone.

Pretending that 'we treat everyone the same' without recognizing systemic differences.

Expecting conformity or 'niceness' at the expense of honest dialogue.

Using feedback or data performatively without making real changes.

*Measuring inclusion* only by demographic statistics or compliance metrics.

*Avoiding difficult conversations* to maintain comfort or optics.

*Assuming leaders alone* know what inclusion looks like for everyone.

**If it feels inauthentic.**

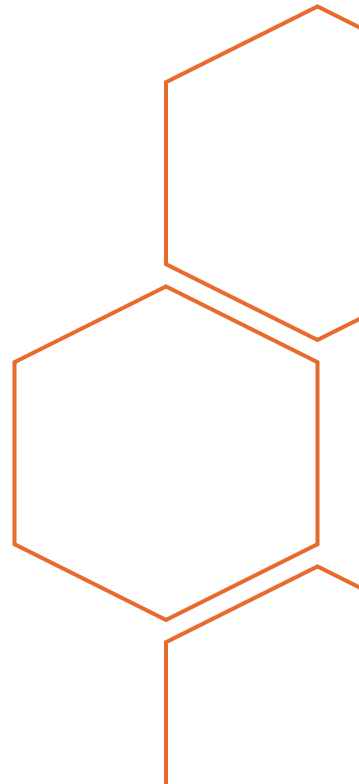
**If it appears performative**

**It is not inclusion.**

Using the handout provided, go through a check-off the elements you've experienced in your work and organization.

*“In pairs at your table, discuss ways you may be able to mitigate performative inclusion?”*

**[5 mins]**



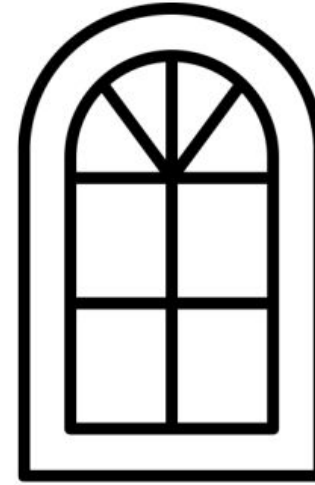
# Mapping Our Identities

---



### **LOOKING IN A MIRROR**

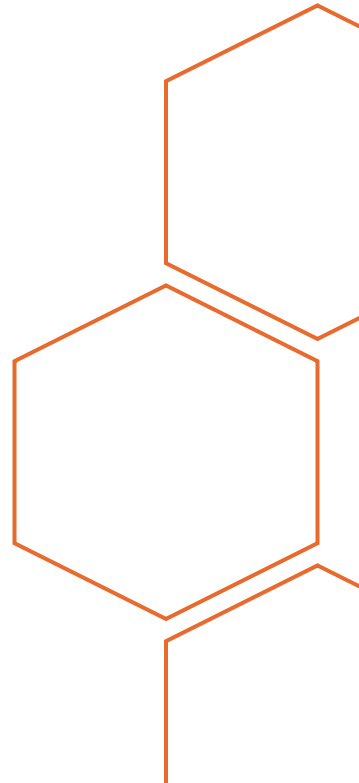
Insight into myself – my beliefs, identity, experiences, assets, fears, limitations



### **LOOKING OUT A WINDOW**

Insight into my context – my colleagues, organization, community

*Mirror / Window metaphor adapted from Emily Style*



# Reflection

- ❖ Which of my identities do I think about the least?
- ❖ Which of my identities do I think about the most?
- ❖ Which identities give me privilege or shape how I'm seen?

## WHEEL OF POWER/PRIVILEGE



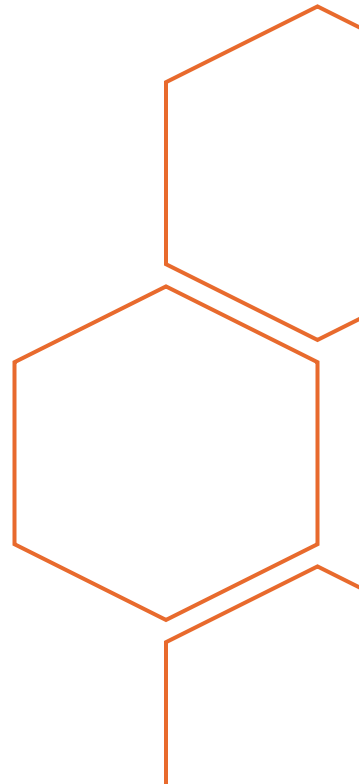
Adapted from ccrweb.ca

@sylviaduckworth

In pairs or small groups develop a list:

*Who do you need at your table and how do you ensure inclusion at those tables?*

**[5 mins]**





# Data Driven Root Causes

---



Root Cause	Example
<b>[1]</b> <b>Occupational Segregation</b>	Women and people of color overrepresented in administrative or support roles; underrepresented in leadership or technical tracks.
<b>[2]</b> <b>Biased Promotion &amp; Evaluation Systems</b>	Higher ratings given to those who 'mirror' leadership style or communication norms.
<b>[3]</b> <b>Unequal Access to Networks or Mentors</b>	Some employees are excluded from key social or mentoring circles that open career pathways.

Root Cause	Example
<b>[4]</b> <b>Coded Job Descriptions</b>	Phrases like 'aggressive' or 'digital native' may alienate or exclude qualified candidates.
<b>[5]</b> <b>"Cultural Fit" Hiring Rationales</b>	Candidates are rejected for not 'feeling like a fit,' which often reflects implicit bias.
<b>[6]</b> <b>Overemphasis on 'Skills'</b>	Prioritizing formal credentials or specific technical skills over lived experience, adaptability, or relational intelligence can exclude capable candidates.

**Data helps identify *patterns*, yet understanding *why* those patterns exist requires listening to people's experiences.**

## Quantitative Data

(Surveys, Demographics)

- Show *patterns* of experience, pay, retention, promotion.
- Reveal disparities but not root causes.

## Qualitative Data

(Interviews, Focus Groups, Comments)

- Capture *why* disparities exist, through lived experiences.
- Surface emotions, barriers, and trust gaps.

The most powerful understanding comes from  
**pairing numbers WITH narratives.**

## [1] Finding the Patterns in Numbers ...

Metric	Majority Group	Underrepresented Group
Feel valued by manager	82%	61%
Likely to stay next year	79%	55%
Access to career growth	74%	48%

## [2] Uncovering the Narratives in Words ...

- *“I rarely see people like me in leadership roles.”*
- *“Feedback feels inconsistent, I’m not sure what’s expected.”*
- *“I love my team, but advancement feels out of reach.”*

## DISCUSSION

What do the *numbers* tell us?  
 What do the *quotes* add or challenge?  
 What *might* be the root causes of these gaps?

1. Use both **data** **AND** **dialogue** to uncover exclusion.
2. Share findings and insights **WITH** employees, not *about* them.
3. Identify **ONE** system or process you'll examine with a data + story lens to uncover the root cause of the inequity.
4. ...

**[5 mins]**

*“What is **ONE** commitment you can make today to use data to uncover the root causes of inequities in your organization OR move from data to action?”*

Inclusion - Our Commitments

*What is **ONE** commitment you are going to action tomorrow?*

# Opportunities to Engage

---

- Inclusion using data workshop series
- Job quality in climate workforce
- Individualized support for your organization
- Join our email lists



# Connect With Us!

---



LWYL STUDIO



**Kelly Mitchell**

**Founder and Principal Consultant  
Inclusive Design Group (IDG)**  
[kelly@inclusivedesigngroup.org](mailto:kelly@inclusivedesigngroup.org)

*"Closing equity gaps across sectors by supporting and building bridges between community-based organizations, institutions and system leaders."*



**Kelly Page, PhD.**

**Founder and CEO  
Live What You Love (LWYL) Studio**  
[kelly@livewhatyoulove.org](mailto:kelly@livewhatyoulove.org)

*"People-first social design studio committed to building inclusive, useful, and consent-driven innovations for how we learn, work, and live."*



A red pushpin is pinned to the top right corner of the white paper.

Thank  
you! :)